



AYA Summer 2025



#### Program Dates

July 29 - August 1  
August 12 - August 15  
August 26 - August 29

# Orientation Program

## About Orientation

Academic Year in America understands the importance of being well prepared for your unique experience in America. AYA has been providing a comprehensive group orientation for over 40 years, carefully organized by our experienced and professional training team.

Students have the opportunity to meet international peers, get an introduction to studying abroad in the US, gain tools to approach common issues with confidence, and explore one of America's most exciting cities! Students will spend time in New York City and experience the thrill of sights such as the Statue of Liberty, Times Square, Central Park and breathtaking views from the top of Rockefeller Center! Your orientation will get you acquainted with the expectations of the program and help you prepare for the life changing experience ahead, all while providing an unforgettable experience in New York City.

## Orientation

### Your 3-day Orientation includes:

- Meet & Greet service and transfers from the airport to the hotel
- Three nights lodging including all taxes and gratuities; 3 students assigned per suite
- All meals, snacks, and beverages
- Welcome meeting
- All workshops
- Program materials
- Guided tour of New York City



## Location

The Double Tree is conveniently located just 5 minutes from Newark airport.

### Double Tree by Hilton Newark Airport

128 Frontage Rd, Newark, NJ 07114  
(973) 690-5500

- Deluxe breakfast buffet
- Indoor pool and fitness center
- Three students assigned per suite



## Workshops

### What to Expect on Your International Adventure!

Our workshop sessions include in-depth discussion of issues that are important to international exchange students. Topics include realistic expectations, culture shock, responsibilities, American values, communication, student safety and the importance of developing and maintaining healthy coping strategies. In the workshops, you will:

- Learn tools to navigate common problems and scenarios
- Have group discussions on topics like stereotypes and expectations
- Receive advice from recent participants
- Have the opportunity to ask questions about the program and daily life in America
- Hear directly from AYA Local Coordinators and staff about what life is like as an AYA student
- Build confidence and lessen apprehensions about host families, high schools, and local communities



## New York City Tour

### Go on two day-trips to New York City, which include\*:

- Circleline Sightseeing Cruise
- Rockefeller Center
- “Top of the Rock” observation deck
- Times Square
- Central Park
- The High Line
- All meals, including dinner at the Hard Rock Cafe

*\*Visits to certain sites are conditional on weather and travel time.*



I had a great first week in the USA! The orientation days have been three really good days to prepare for our arrival on Friday! I've met a lot of people, talked English and saw New York City!!! I loved the trips to the city and having free time to wander around the Times Square with some friends!

It was actually one of the best trips I have ever done and strongly recommend it to anyone who has the choice!"

BETSEY, GERMANY